



Louisiana

NEWSLETTER NO. 6 | DECEMBER 2023

Wow! What a year we just concluded in November 2023. This has been our first full year doing Lifecycles in Louisiana and it has been an incredible experience. God showed up big time and provided everything that we needed to impact the lives of nineteen young men. We have now completed three challenge rides, including a five-day trip from Tupelo, MS to Natchez, MS covering 270 miles and over 9,000 feet of climbing. Just last month, our team completed an overnight challenge ride from Mandeville to Folsom (48 miles) and then back the next day and the progress they have made has been truly amazing. Our Fall season culminated with a party at the Koop Dr. Trailhead where each young man received an award recognizing his progress and contribution to the program as well as a surprise gift – each one was given his own bike and helmet in recognition of the incredible dedication and fortitude that they displayed throughout the year.

Here are a few statistics to let you know what we have accomplished this year:

- 14,000 Miles ridden by our teenagers
- Eight of our young men have ridden over 1,000 miles since they started with us
- Over 2,400 Volunteer Hours contributed by our great team valued in excess of \$36,000
- Over 850 Meals served to teens and single moms

We also held our first ever **fundraiser** – The Ride for Lifecycles Metric Century (62 mile) bike ride which attracted many in our community and spread the word about what we are doing in greater St. Tammany Parish. We are looking forward to making that event a full 100 mile century next year in October.



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HERES HOW YOU CAN BE A PART

As always, we would welcome your prayer and financial support of this ministry so that we can reach more teens and help them develop into young men of character through our program. Everything that we do in Lifecycles is provided completely free of charge including the bikes and equipment as well as their participation in challenge rides and all the meals that we provide. If you would like to donate to our program, there are 2 ways to do that:

- Mail a tax-deductible check to: Lifecycles Louisiana, 205 Whitman LN, Mandeville, LA 70448
- Follow this link to our secure donation page: <https://www.lifecyclesla.com/get-involved> (or Scan this QR Code)

Thank you for your continued prayer and support,
Doug and Patty Connor



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