

# LIFECYCLES

## Louisiana

BUILDING YOUNG MEN OF CHARACTER



## Lifecycles Louisiana Newsletter #5 –July 2023

Lifecycles concluded our Spring riding season in June and it culminated with our first ever major challenge ride. Nine of our young men completed an incredible bike ride on the Natchez Trace Parkway from Tupelo, MS to Natchez MS covering 270 miles with 9,000 feet of climbing in five days. The photo above was taken before our drive up to Tupelo to start the ride. I could not be more proud of this accomplishment by our team including: Noah, Josiah, Tristan, Ethan, Jamie, Nathan, Isaac, Simon, and Zavier. They overcame every obstacle and some very tired legs to complete the ride and prove to themselves that they are capable of much more than they ever thought possible. We were also very fortunate to also have some great leaders and volunteers to help us on the trip including Richard Kravet, Luke Holloway, Willie and Darlene Maklary, and Jerry and Marie McKinney. We could not have done this ride without their incredible support.

We also wanted to take this opportunity to remind you of our upcoming fund-raiser bike ride on Saturday, October 28, 2023 starting at Fontainebleau State Park in Mandeville. This fully supported ride will be open to the public and includes opportunities to ride 62 miles, 27 miles or an 8-mile family fun ride. For more information about the ride and to register, you can go to: <https://tinyurl.com/RideforLifecycles>



Finally, this is also a reminder that everything that we do in Lifecycles is provided to the teens completely free of charge including the bikes and equipment as well as their participation in challenge rides like the one we just completed. If you would like to donate to our program to enable us to reach even more young men, there are 2 ways to do that:

Mail a tax-deductible check to: Lifecycles Louisiana, 205 Whitman LN, Mandeville, LA 70448 or

Follow this link to our secure donation page: <https://www.lifecyclesla.com/get-involved>

Thank you,

Doug and Patty Connor

Lifecycles Louisiana is a 501(c)(3) nonprofit

Check out our website at [www.lifecyclesla.com](http://www.lifecyclesla.com)

**Below are some photos of our challenge ride.**





