



## Lifecycles Louisiana Newsletter #4 – April 2023

Lifecycles launched our Spring riding season on Saturday, February 28 and we immediately discovered that we had more than doubled our numbers from the fall. We now have 18 young men in the program which necessitated us to purchase five more bikes and associated equipment to accommodate all those who want to be in the program. We have been riding three days a week since the onset of daylight savings time to prepare for our upcoming Challenge Ride in June which will take us from Tupelo, MS to Natchez, MS on the Natchez Trace Parkway – a distance of 280 miles with over 9,000 feet of climbing along the way. This ride will take us five days to complete with stops in Eupora, Kosciusko, Ridgeland, and Port Gibson, MS along the way. We are very excited about the opportunity to help our teens build the strength, endurance, and courage to master this extremely challenging endeavor. This ride will take place starting on Sunday, June 18 with a drive up to Tupelo, and then finishing in Natchez on Friday, June 23. One of the things that we're most excited about with this new season is that we now have over half of our teens (ten) are from single-parent homes and so we are reaching those who are most in need of this kind of ministry.

We also wanted to let you all know that we are planning a fund-raiser bike ride on Saturday, October 28, 2023 starting at Fontainebleau State Park in Mandeville. This fully supported ride will be open to the public and includes opportunities to ride 62 miles, 27 miles or an 8-mile family fun ride. Our hope is that this ride will raise awareness of our program in the community and also provide additional funds so we can continue to provide everything that we do completely free of charge to those who want to participate. For more information about the ride and to register for it, you can go to:

<https://tinyurl.com/RideforLifecycles>

On the next page I have provided some more detailed information on our program and at the bottom of the page is a link to our website. We continue to be very grateful to all those who have supported and encouraged us during the past year and have enabled us to launch this new ministry in our area. If you would like to donate to our program, there are 2 ways to do that:

Mail a tax-deductible check to: Lifecycles Louisiana, 205 Whitman LN, Mandeville, LA 70448 or

Follow this link to our secure donation page: <https://www.lifecyclesla.com/get-involved>

Thank you,

Doug and Patty Connor

# LIFECYCLES

## Louisiana

### BUILDING YOUNG MEN OF CHARACTER

Lifecycles is a ministry to mentor teenage boys by challenging them to participate in endurance cycling events. We have a team of committed volunteer mentors and a comprehensive curriculum that will challenge boys to become the men that God created them to be. We provide bikes, helmets, and all the equipment necessary completely free of charge so boys can participate with us regardless of their situation. Each time we meet we do a training ride, provide a meal, and do some kind of teaching to encourage our young men to grow in every area of their lives – Physically, Mentally, and Spiritually. **Below are some photos of our recent rides and events.**



Post Ride Lesson Time



Hanging out with the Abita Gorilla



All Bundled Up for a Chilly Ride



Men's Night at Church of the King